

Training Schedule

It is important that you/your family/carers/teachers/colleagues know how and when to use your AAI pen, as well as recognise the symptoms should you come into contact with an allergen. Use this download from the Anaphylaxis Lifeline Kit to write down everyone that has been given training on administering your AAI pen, as well as when updates are due and any problems identified whilst giving the training so that you can raise these issues with your doctor at your next appointment. Don't forget to use the video demonstrations at www.alk-lifeline.co.uk and also your simulator pen.

Your Name:

Name	Date Training Given		Next Training Due		Date Training Given		Next Training Due	
Family member, Teacher, Friend etc.	Video	Simulator Pen	Video (+3 months from last date training given)	Simulator Pen (+3 months from last date training given)	Video	Simulator Pen	Video (+3 months from last date training given)	Simulator Pen (+3 months from last date training given)
Mum	23/4/10	25/4/10	23/7/10	25/7/10	20/7/10	20/7/10	20/10/10	20/10/10

Notes

Any problems identified whilst giving the training:

It is important that your family, friends, teachers, colleagues etc have regularly training on how to use your AAI. If and when you are informed of any updates make sure you let others know in case of an emergency.